

# Adas Yeshuron Synagogue



*Most Shabbat services, classes, and other synagogue activities are being held on Zoom to stop the spread of the coronavirus. For any in-person events, face masks are required.*

Click on this [Zoom link](https://us02web.zoom.us/j/85962789484) for all online synagogue programs  
or copy and paste the following into your browser:  
<https://us02web.zoom.us/j/85962789484>

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## Community Check-In Resumes

**Thursdays at 8:30 a.m.**

Start your mornings with us once again at our Community Check-In every Thursday at 8:30 a.m. Connect with friends and feed your soul as Rabbi Solochek leads brief morning reflections and prayers, followed by conversation. Pour a cup of coffee and meet us online! It's an inspiring way to start the day. Zoom link above.

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## Community Education: Ethical Eating Practices

**Thursday, Nov. 12, 7-8:30 p.m.**

It's time to get back to basics on topics of Jewish history, theology, traditions, and texts with our new Back to Basics education series! Classes, taught by the rabbi, are open to all ages. This month we will explore ethical eating practices kashrut, eco-kosher,

vegetarianism, locavore, and more and Jewish values around food production and consumption. Zoom link above.

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## Shabbat Services

**Friday, Nov. 13, 7 p.m.: Kabbalat Shabbat**  
**Saturday, Nov. 14, 10 a.m.: Shabbat Services and Torah Study**

Join Rabbi Solochek and our community online to welcome Shabbat, and to pray and study together. Zoom link above.

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## Books and Bagels

**Sunday, Nov. 15, 10 a.m.**

Pour a cup of tea, schmear something delectable on your bagel, and join us online Sunday to talk about *Daniel Doronda*, by George Eliot. The discussion of this book, which can be downloaded on a Kindle for free, will continue at the December meeting. For more information contact Judy Stein, [judykstein@gmail.com](mailto:judykstein@gmail.com).

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## Save the Date

### Tzedek Series: LGBTQ+ Rights

**Saturday, Nov. 21, 2 p.m.**

Were kicking off our Tzedek learning series with a workshop led by Gia Drew, Program Director of EqualityMaine, about LGBTQ+ rights and issues in Maine. This Zoom session is open to everyone. Please come with curious hearts and minds.

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## We're Here for You

*Need help with errands?*

*Would you like to check in with Rabbi Solochek?*

*Could you use some technical support with Zoom?*

The synagogue office is closed to the public, but we are responding to emails and voicemails. We look forward to hearing from you!

*Please contact the office!*

[info@adasyoshuron.org](mailto:info@adasyoshuron.org)

207-594-4523



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We hope you like receiving our emails.  
However, you can always [unsubscribe from this list](#).

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